

Abstract of the Disclosure

An interactive system provides journaling and life coaching. Storage of information, images and the like is provided. Users can request referrals to product
5 and service vendors providing appropriate advice, goods and services as may be desired at specific stages of life. The system can be divided into life phase portions, to assist in keeping of journals or memories at specific phases of life, and to provide information
10 and advice appropriate to experiences one encounters at those particular phases.

15

20

25

30

35